

What is Unity?

Unity isn't a word that a lot of children are going to know, so the concept is something that's going to need to be explained to them.

The concept of unity is a big part of Christian life, and it's something that relates to aspects of life, too. Not only is there being one with God, there's the oneness of teamwork, working towards one goal, the feeling of community in a friend group, doing things that everyone likes, and the closeness of family, knowing that there are people that will always be there for them.

Getting together

There are plenty of activities you can do that will help girls bond as a group and see the importance and benefits of unity.

- Using hoops or small non-slippery mats as stepping stones, the girls must cross an area of floor. The floor is 'lava' and they have to work together to build a path.
- Split girls into pairs, with a list of 'favourites' to ask each other. When you get the group back together, each girl must tell everyone the other's answers.
- Get the girls to stand in a tight circle, facing inwards, and put all their hands in the middle, before holding someone else's hand with each of their. Without letting go, they must then try to untangle themselves and move into a circle.

Fellowship

For people who go to Church, the congregation is one group, like a family, all looking out for each other and worshipping together. In Girls' Brigade, the company is like that. Let the girls know that the leaders and older girls are there for them, that they are there for each other, and that they can be there for the younger girls. After all, each group are working towards the same goal when they do the same badge, and everyone comes for the same reason – not just to see each other and have fun, but to worship God together.

One in God

“Do your best to preserve the unity which the Spirit gives by means of the peace that binds you together. There is one body and one Spirit, just as there is one hope to which God has called you. There is one Lord, one faith, one baptism; there is one God and Father of all people, who is Lord of all, works through all, and is in all.”

(Ephesians 4:3-6)

Connect

Why not contact another company and have a joint event, so girls can get to know other GB girls?